Pioneers Expedition Details (ages 12-14)

This new trip will focus on living in community and away from most modern conveniences. Your group will sleep all week in our rustic Adirondack shelters learning outdoor skills, cooking most meals over the fire, and challenge yourselves at the archery range, challenge course and climbing tower. Your group will also join the praise and worship of wilderness camp and have the opportunity to learn from the camp pastor at evening Firesides. One of the highlights of the week is sure to be feast night where you will enjoy a special meal cooked over the fire.

Dates and Rates Pioneers Expedition June 23-28, \$335, Guys July 21-26 \$335 Girls

Other Fee Options

Franconia MC Bus, \$17/way William PH bus, \$13/way Spending Money, \$15-25

Important Times Sunday of Camp Week

Franconia Bus departs 2pm* *arrive 20-30 min. early to pre-register William Penn Hwy Bus departs 3pm* *arrive 15 minutes early. Bus will not wait Registration Line 3:15-4:30pm Friday of Camp Week Dismissal 6:30pm William Penn Hwy Bus returns 7:45pm Franconia Bus returns 8:45pm* *Arrive 15-20 min. early to sign out camper and collect luggage

What to Bring

Because you are packing for back country camping experience **one very important concept is to avoid using cotton and de clothing.** Â Cotton becomes heavy, uncomfortable, and does not insulate when it is wet. Cotton should be particularly avoided socks, shorts, underwear and outerwear. Look for material names like wicking, Quik-Dri, Merino Wool, Cool Max, Capilene, The a-silk, Techwick, and Poly-pro.

Do not overspend for this trip. Most of the items are common and ones that you probably already have or, could easily borrow. Two bargain camping stores are Campmor: <u>www.campmor.com</u> and Sierra Trading Post: <u>www.sierratradingpost.com</u>. EMS, LL Bean, and REI are also great stores for outdoor clothing and gear but tend to be a bit more expensive. *Remember, please label all clothing & personal items so that lost items can be returned to you.*

- 1 nylon poncho or appropriate rain gear (*avoid easily torn vinyl ponchos*)
- 1 lightweight non-cotton sleeping bag in a stuff sack and pillow
- 1 day-pack with shoulder straps (school backpacks work fine)
- 2 quart-sized water bottles for water storage (*Nalgene style best*)
- 2-4 T-shirts (at least 2 being quick-drying T-shirts)
- 2-3 pair quick-drying shorts (*example: nylon soccer shorts*)
- 2-3 pair quick-drying (non-cotton) underwear helps avoid rash and discomfort
- 1 modest swim suit
- 1 wool sweater or fleece jacket (*non-cotton insulating layer*)
- 1 pair of pants (NOT jeans or cotton sweats windbreaker or fleece material)
- Plate, Cup, Bowl, Utensils (*plastic or metal dishes*)
- A small Bible in a zip-lock bag (*lightweight size or a New Testament*)
- Flashlight or Headlamp with extra batteries
- \$15-\$25 Cash (This is for travel snacks, and one meal on the road)
- Towel (quick-dry best)
- Sunscreen (SPF 15 or higher)
- Chap Stick
- Insect Protection
- Effective whistle
- Warm knit cap (for warmth should it get chilly, optional)
- Folding pocket knife (*optional*)
- Compact camera (*optional*)

What Not to Bring

Cell phones/ electronics, Non-prescription Meds, Drugs/ Alcohol/ Tobacco, Dangle or hoop ear-rings, Spaghetti strapped Tops, Bikini style swim suits, Mid-cut and short shirts, Personal sports equipment, Animals or Pets, Snack foods/ Candy, Weapons of any kind, Fireworks & combustibles.

Clothing Modesty

We encourage staff and campers to wear clothing that adheres to the modest standard described below. Please carefully look through your clothes to honor this request. In some cases we may ask you to change if the standard below is not met -Swimsuits should be modest and one piece or a Tankini-only if the fabric fully overlaps (no Bikinis).

-Shorts should be suitable for recreation, and not form fitting or overly short.

-Shirts should be suitable for recreation and modest. Please do not pack form fitting shirts, and those that reveal stomach. -Tank Tops must pass all expectations for shirts and not have thin straps or expose the back.

-Please do not bring clothing with wording or images contrary to the Christian principles of the camp.